Community Living Center (CLC)
Community Living Center Mission Statement

The Mission of the VA GLA Long-Term Care Service is to improve Veterans’ health and quality of life, while providing comfort and dignity in a home-like environment through excellence in clinical care, education, and research.
CLC Services Provided

- Skilled Nursing Service
- Rehabilitation Services
- Complex medical services
  - IV therapy, diabetic management, PICC lines, tracheotomy care, enteral tube feedings, wound care, XRT/chemotherapy and palliative care
- Restorative Nursing program
- Respite Care Services
Patient Demographics (2013)

- Gender
  - Male: 147
  - Female: 2

- Age Range:
  - Average age: 74
  - 45-64: 31
  - 65-84: 72
  - 85+: 35
CLC

• 2 Locations
  – North Hills (Sepulveda CLC)
    • G-35 CLC
    • G-35H (Hospice) (Geriatric fellows are not on call for G-35 Hospice)
      – 14 beds for hospice care
  – West Los Angeles (WLA CLC)
**WLA CLC**

- Three units in two buildings
  - Building 213: ward 213-2
  - Building 215: ward, 215-2 and 215-3
- Each unit is staffed for about 51 residents
- 213-2 is wander guard unit
  - An alarm system that alerts the nursing station that a resident is near a CLC exit
- **Contact # for the WLA CLCs**
  - 310-478-3711
    - Extension starting w/either 4XXXX or 8XXXX
Sepulveda CLC

• One unit in Building 99 (G-35)
  – About 20 miles (405N) from WLA VA campus
  – G-35 about 26 patients
    • 21 residents for long term care
    • 5 beds for respite admissions
    • Is a wanderguard unit also

• Contact # for Sepulveda CLC
  – 818-891-7711
    • Extension starting with 3XXXX
# Treatments in the CLC

<table>
<thead>
<tr>
<th>Treatment</th>
<th>WLA</th>
<th>Sepulveda</th>
</tr>
</thead>
<tbody>
<tr>
<td>IV fluids $\leq 100$cc/hr</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>IV antibiotics ( 2 max)</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>IM/SC Medications</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Nebulizers</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Suctioning $\geq Q4$hs</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Trach Care</td>
<td>+</td>
<td></td>
</tr>
<tr>
<td>Post Dialysis Care</td>
<td>+</td>
<td></td>
</tr>
</tbody>
</table>
Operations

• No ACLS in the CLCs by staff
• No crash carts or monitoring
  – Emergency carts
    • Suction
    • AED
• No IV push medications
• No physical restraints/sitters
CLC Call

- On average one weekend/2 months
  - (3 to 6 months)
- Weekday calls (4:30pm-8am) depending on rotation schedule
- Telephone call
  - Please ensure that you will be in pager range
    - If not please switch call or give a # you can be reached
  - Please ensure back up # (cell phone?)
- Spok Mobile (UCLA Pager unreliability?)
- Citrix access is highly recommended
Issues for CLC on call Provider

• Change in condition
  – IV fluids/IV antibiotics/breathing treatments can be initiated
  – If higher level of care is needed or patient is clinically unstable
    • Transfer to ER

• Transfers to ER
  • If residents are clinically unstable have nurses call 911
  • RN to give report to ER prior to transferring patient
Issues for CLC on call Provider

• Deaths
  – DNR residents
    • RN can pronounce patients
  – Full Code residents
    • Paramedics can pronounce residents
  – nursing staff (RN) are to call families to inform them of the death unless families specifically ask to speak to a MD
    • May need to have families speak to primary providers in AM
Issues for CLC on call Provider

• Telephone orders
  – For urgent/emergent situations where CPRS access if not immediately available
    • Initiating treatments, interventions, ordering mediations, tests, transfer orders to ER
  – If problems with nursing staff taking an telephone order for an urgent/emergent situation
    • Contact Dr. Linda Sohn
    • If it is not an urgent/emergent situation
      – The order can likely wait until the AM
Pass Orders

• Pass orders - off-station (off VA grounds) passes (day and overnight) should be approved by the **primary CLC medical providers** during normal working hours to ensure proper evaluation:
  – Veteran's clinical stability including cognition
  – Veteran's readiness (Does the veteran have everything he/she needs to go out on pass?)
  – Family/friend/significant other/conservator's involvement and acceptance of responsibilities (contact phone number, transportation, timely return, emergency procedures)

• For exceptions where pass orders for weekends are needed contact back up CLC physician or Dr. Linda Sohn
Continuity after Weekend Call

• To communicate to the primary providers in the CLC regarding issues that came up during the weekend call
  – For CLC 213-2 Dr. Elham Ghadishah 310-490-8181
  – For CLC 215-2 Dr. Malwinder Multani 310-560-2522
  – For CLC 215-3 Dr. Heather D’adamo 310-478-3711 x42194
  – Sepulveda CLC G-35 Dr. Natasha Harrison 310-346-9599
Back-up

- Dr. Linda Sohn
  - CLC Medical Director
  - 310-903-9692
  - Don’t hesitate to call if you have any questions or concerns!
    - If she doesn’t answer, leave a message
    - She will get back to you (She has a life 😊)