UCLA POST-ACUTE REHABILITATION ROTATION (UCLA NH)
REV. 2018

LOCATION
Berkley East
2021 Arizona Avenue
Santa Monica, CA 90404
(310) 829-5377

CONTACTS
Rotation Attendings:
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Rotation Site Director:
Susan Leonard, MD
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DESCRIPTION
During this rotation, fellows learn to provide medical care in the post-acute rehabilitation setting of a 100-bed nursing home affiliated with the UCLA Division of Geriatrics. Fellows will have primary responsibility for post-acute patients (total numbers variable) and will work with the interdisciplinary team at the nursing facility. The geriatric fellow will round with the attendings and may participate in teaching to UCLA internal and family medicine trainees and medical students. There will be didactic sessions on relevant post-acute care/nursing home topics throughout the rotation. The fellow will also be responsible for taking geriatrics-on-call for Saturday.

GOALS
1. Develop expertise in the management of geriatric patients in the post-acute skilled nursing setting.
2. Acquire an understanding of the roles and functions of interdisciplinary team members, including physical therapists, occupational therapists, speech therapists, nurses, social workers and dieticians.
3. Demonstrate the ability to work with a multidisciplinary team of physicians and other health professionals.
4. Acquire an understanding of nursing home rules and regulations as they apply to patient care issues.
5. Learn about managing geriatrics on call, efficient phone triage, quality control and SBAR communication
6. Work to improve quality of care, decrease readmissions and ED utilization
7. Understand diseases and management of patients at high risk of poor outcomes from common conditions post hospitalization

1 Goals and Objectives- UCLA Post-Acute Rehab Rotation (UCLA NH)
### OBJECTIVES

<table>
<thead>
<tr>
<th>OBJECTIVES</th>
<th>COMPETENCIES</th>
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<tbody>
<tr>
<td>The fellow will provide medical management of patients in the acute rehabilitation setting and assist in the coordination of their care from the initial evaluation on admission to the discharge arrangements.</td>
<td>Patient Care</td>
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<tr>
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<tr>
<td>The fellow will lead rounds during which patients’ medical problems, progress with therapy, and other issues are discussed.</td>
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<tr>
<td>The fellow will run weekly team rounds with the UCLA internal medicine residents, medical students and attending.</td>
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### TEACHING METHODS

<table>
<thead>
<tr>
<th>TEACHING METHODS</th>
<th>Patient Care</th>
<th>Medical Knowledge</th>
<th>Practice Based Learning</th>
<th>Interpersonal Communication Skills</th>
<th>Professionalism</th>
<th>Systems Based Practice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Role Modeling, Discussion on rounds, Medical literature, Didactic sessions, Medical literature, discussion on rounds</td>
<td>Role modeling, interdisciplinary team meeting, family meetings</td>
<td>Role modeling, interdisciplinary team meeting</td>
<td>Role modeling, interdisciplinary team meeting</td>
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### METHOD OF EVALUATION

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<thead>
<tr>
<th>METHOD OF EVALUATION</th>
<th>Patient Care</th>
<th>Medical Knowledge</th>
<th>Practice Based Learning</th>
<th>Interpersonal Communication Skills</th>
<th>Professionalism</th>
<th>Systems Based Practice</th>
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<tbody>
<tr>
<td>Chart review, attending evaluation</td>
<td>Chart review, attending evaluation</td>
<td>Evaluation of lectures, attending evaluation</td>
<td>Evaluation of lectures, attending evaluation</td>
<td>Evaluation of lectures, attending evaluation</td>
<td>attending evaluation, chart review</td>
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**WEEKLY SCHEDULE**

**Rounds with each attending are usually bi-weekly, and times variable/to be determined with each attending**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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<tbody>
<tr>
<td>AM</td>
<td><strong>UCLA NH (admits, pt f/u)</strong></td>
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<td></td>
<td><strong>fellow may have clinic</strong></td>
<td><strong>fellow may have clinic</strong></td>
<td><strong>fellow may have clinic</strong></td>
<td><strong>may have long-term care/custodial patients</strong></td>
<td>Geriatrics on-call</td>
</tr>
<tr>
<td>PM</td>
<td><strong>UCLA NH (admits, pt f/u)</strong></td>
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<td><strong>UCLA NH (admits, pt f/u)</strong></td>
<td><strong>Friday Research Conference PVUB, Ste. 2339 Geriatric Conference room 8-9am (1st Friday of every month)</strong></td>
<td><strong>UCLA NH (admits, pt f/u)</strong></td>
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<td>Geriatrics on-call</td>
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- The fellow will be absent from the rotation for half a day each week to attend his/her outpatient continuity clinic.
- Parking is provided in the underground parking structure marked as “Valet”. Parking is free for fellows.

**USUAL CALL RESPONSIBILITIES**
- The fellow will take phone call for the UCLA Division of Geriatric outpatient practice and post-acute patients for each of the four Saturdays of the rotation.
- For further on call information, please refer to On Call Guidelines listed on GeroNet website

**SPECIAL RESPONSIBILITIES**
- The fellow may be required to assist with coverage on the SM-UCLA geriatric medicine service when the UCLA internal medicine residents are away at their retreat or other special event. Typically these responsibilities occur in late September/early October, late January/early February, mid-April, and mid-June. The fellow will be notified by email early in the year and reminded prior to the retreat or event.